**VOLLEYBALL** 

## **Legend Volleyball Youth Camp**

WHEN: ne 23 - June 26

COS1: \$200



## PROGRAM PHILOSOPHY

Legend Volleyball is not just about teaching the skills to have a successful team; our main goal is to mentor these athletes and create motivated, respectful and responsible people. We focus on mental toughness training, strength and conditioning as well as fundamental skills. Volleyball is a phenomenal sport that can breed teamwork, time management skills and confidence.



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