

PONDEROSA HIGH SCHOOL ATHLETICS:

MIDDLE SCHOOL WINTER WEIGHTS



TRAINING FOR
MIDDLE SCHOOL ATHLETES WITH
PIVOTAL SPORTS PERFORMANCE



MIDDLE SCHOOL WINTER WEIGHTS (ALL SPORTS): \$100.00

January 6th, 2025 - February 19, 2025

Mondays and Wednesdays 4:15p-5:15p

Location: Ponderosa High School Weight Room



SIGN UP **HERE** OR SCAN CODE

OR VISIT ONLINE:

WWW.PIVOTALSPORTSPERFORMANCE.COM/PONDO

CALL/TEXT

(720) 580-3212

EMAIL

INFO@PIVOTALSPORTSPERFORMANCE.COM



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